



Swasthya Kalyan Group

Newsletter

August 2025

Mission Nutrition Reaches Government School in Sanganer

30-Jul-25

Continuing the impactful Mission Nutrition Campaign under the vision of Dr. S.S. Agrawal and leadership of Dr. Yogeshwari Gupta, Swasthya Kalyan distributed nutritious millet packets to 85 students at Government Secondary School, Shri Ram ki Nangal, Sanganer. The initiative, supported by Decimal Foundation (Mumbai) and Dr. Raj Bhandari (NITI Aayog), included health screenings conducted by resident doctors and interns under the guidance of Dr. Anushree Nagar, Dr. Varsha Sharma, and Dr. Bhikharam Kumawat. The school administration extended heartfelt cooperation, contributing to the success of this meaningful outreach.



Seminar on Clinical Skills Elevates Homoeopathy Education

31-Jul-25

A seminar titled “Fostering a Mindset Towards Clinical Skills” was organized at Swasthya Kalyan Homoeopathic Medical College & Research Centre. Dr. Tarkeshwar Jain, former NCH board president, inspired faculty and students with insights on clinical exposure and holistic care. Dr. Sarvesh Agarwal emphasized cultivating confidence among young practitioners. CA Shraddha Agarwal and Dr. Pankaj Sharma graced the event, which concluded with a vote of thanks by Dr. Yogeshwari Gupta. Dr. Kanika Agarwal and Dr. Nitiksha Sharma coordinated the program seamlessly.



Tree Plantation Drive Promotes Environmental Awareness

01-Aug-25

Swasthya Kalyan Homoeopathic Medical College & Research Centre held a tree plantation drive under the National Student Parvavaran Campaign by the Ministry of Environment and Education. Inaugurated by Principal Dr. Yogeshwari Gupta, the event saw 105 saplings of Tulsi, Peepal, Aloe Vera, Mango, and more planted across the campus. Faculty and students, including BHMS undergraduates and postgraduates, participated actively. The event emphasized ecological responsibility and sustainability in healthcare institutions.



Empowering PG Students with Life-Saving Skills

02-Aug-25

On 2nd August 2025, PG students of Swasthya Kalyan Homoeopathic Medical College attended a Basic Life Support (BLS) training program at SMS Trauma Centre, Jaipur. Accompanied by Dr. Neha Kayath and Ms. Beenu Naruka, the trainees learned CPR and emergency response techniques. The session aimed to enhance clinical readiness and reinforce critical response protocols for future healthcare professionals.



World Breastfeeding Week Kicks Off at Shivdasura Anganwadi

02-Aug-25

As part of World Breastfeeding Week 2025, an awareness session titled “Invest in Breastfeeding, Invest in the Future” was organized at Shivdasura Anganwadi. Led by Dr. Shobha Teterwal and Dr. Vinod Kumar Meena, the program highlighted the benefits of exclusive breastfeeding for immunity, growth, and maternal health. The event encouraged healthy community practices and saw active participation from mothers and local residents.



Awareness Drive Held at Dantli Anganwadi on Breastfeeding Week

05-Aug-25

A World Breastfeeding Week session was conducted at Dantli Village Anganwadi, guided by Dr. Shobha Teterwal and PGRs Dr. Diksha Wadia and Dr. Mandeep Mahawar. The interactive event educated mothers on nutrition, immunity, psychological development, and community support for breastfeeding. The program was well-received and helped reinforce WHO's message of "Invest in Breastfeeding, Invest in the Future."



Bambala School Health Camp Assesses 129 Students' Nutritional Status

13-Aug-25

A comprehensive health check-up camp was organized at Government Upper Primary School, Bambala, assessing 129 students from Classes 1 to 7. Led by Associate Professors Dr. Varsha Sharma and Dr. Bhikharam Kumawat, and supported by Dr. Keval and interns, the camp included physical exams, height/weight monitoring, MUAC, and identification of nutritional deficiencies. Multiple cases of mild to moderate undernutrition were identified. The initiative reflects Swasthya Kalyan's continued commitment to child health and its focus on early detection and preventive care in underserved areas.



Nasha Mukht Bharat Seminar Inspires Substance-Free Living Among Youth

13-Aug-25

Swasthya Kalyan Homoeopathic Medical College & Research Centre hosted an awareness seminar as part of the Nasha Mukht Bharat Abhiyan. The event educated BHMS students and faculty on the impact of substance abuse, strategies for prevention, and the vital role of doctors in community sensitization. Dr. Kanika Agarwal and PGR Kanika Singh conducted the session under the guidance of Principal Dr. Yogeshwari Gupta. Attendees took the Nasha Mukht Bharat pledge and were encouraged to complete the online form, reinforcing their dedication to building a healthier, addiction-free society.



SK Group Celebrates 79th Independence Day with Unity and Pride

15-Aug-25

The 79th Independence Day was celebrated across the Swasthya Kalyan Group campuses with patriotic fervour and unity. Dr. Sarvesh Agarwal delivered a moving welcome address, while MP Smt. Manju Sharma graced the occasion as Guest of Honour. Chairman Dr. S.S. Agarwal highlighted India's freedom journey and future aspirations. CA Shraddha Agarwal launched the college magazines "Dedipya" and "JOCH." Chief Guest Shri Madan Ji Rathore emphasized the role of discipline and education in nation-building. The event concluded with Vande Mataram and a heartfelt vote of thanks by Dean Dr. Arun Chougule.



Physiotherapy Students Explore Global Pathways at IDP Expo

22-Aug-25

Final year and third-year BPT students from Swasthya Kalyan College of Physiotherapy participated in India's largest Study Abroad Expo organized by IDP at Radisson City Center. The event gave students valuable insights into international education opportunities and allowed them to interact with top global universities. Students received personalized counselling on scholarships, application processes, and career prospects, empowering them to explore global academic and professional pathways.



Ganesh Chaturthi Celebrated with Devotion Across SK Group

27-Aug-25

Swasthya Kalyan Group celebrated Ganesh Chaturthi with great spiritual enthusiasm. The occasion was graced by Chairman Dr. S.S. Agarwal, Dr. Sarvesh Agarwal, and CA Shraddha Agarwal. The puja and aarti ceremonies brought together faculty and staff from all institutions under the group. The atmosphere was filled with devotion, and everyone prayed for wisdom, prosperity, and the removal of obstacles. The celebration fostered community spirit and ended with the distribution of prasad.



Dr. Aklavya Bohra Represents AYUSH Sector at National Workshop, AIIMS Rishikesh

28-Aug-25

Prof. (Dr.) Aklavya Bohra, Principal of SKINYS, was invited as a resource person for the National AYUSH Workshop held at AIIMS Rishikesh. The session focused on “Evidence-Based AYUSH, Cochrane Systematic Review and Meta-Analysis” and was supported by CCRYN and the Ministry of AYUSH, Government of India. Dr. Bohra’s participation highlighted SKINYS’s growing leadership in yoga and naturopathy research and its commitment to integrating traditional knowledge with scientific methodologies.



Dr. Dhruv Taneja Honored as Keynote Speaker at National Physiotherapy Summit

29-Aug-25

Prof. (Dr.) Dhruv Taneja, Principal of Swasthya Kalyan College of Physiotherapy, was invited as Chief Guest and Keynote Speaker at the 1st Chhattisgarh National Summit 2025 in Durg, organized by Apollo College of Physiotherapy. He addressed delegates on the rising importance of physiotherapy in preventive and rehabilitative care. His insights inspired students and faculty alike, and his presence reaffirmed SK Group's academic excellence and thought leadership in healthcare education.



Pharmacy Students Mark National Sports Day with Enthusiasm

29-Aug-25

National Sports Day was celebrated with enthusiasm at Swasthya Kalyan College of Pharmacy. The event was attended by CEO Mrs. Shraddha Agarwal, Financial Director Mr. Pradeep Agarwal, Ms. Garima Dadhich, and Dr. Mahesh Arora. Students actively participated in various sports events promoting fitness, teamwork, and discipline. The celebrations helped reinforce the importance of physical well-being while fostering camaraderie among students and faculty.



Homoeopathy Students Display Sportsmanship on National Sports Day

30-Aug-25

National Sports Day was celebrated at Swasthya Kalyan Homoeopathic Medical College & Research Centre, Sitapura, in memory of hockey legend Major Dhyan Chand. Dean Dr. Jayram Choudhary motivated students to uphold the true spirit of sportsmanship. Cricket and tug-of-war competitions were held on campus, with the Final Year team winning cricket and the First Year team triumphing in tug-of-war. The event emphasized fitness, unity, and friendly competition.



Millet Distribution Drive Reaches Nirmal Public School, Balawala

31-Aug-25

Under the Mission Nutrition Campaign, Swasthya Kalyan distributed nutritious millet-based food packets to 31 students at Nirmal Public School, Balawala. The initiative was led by Dr. S.S. Agrawal and Dr. Yogeshwari Gupta, with support from Decimal Foundation (Mumbai) and Dr. Raj Bhandari (NITI Aayog). Resident doctor Kanak and interns from SKHMC conducted screenings, supervised by Dr. Varsha Sharma and Dr. Bhikharam Kumawat. The school faculty and principal were appreciated for their cooperation.



“Be the change that you wish to see in the world.”

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